



Dr. Nancy's Resume

Nancy D. O'Reilly, PsyD
Clinical Psychologist, License Number: PY01599
O'Reilly Health and Wellness Consultation Services, L.L.C.
3897 E. Villa Way
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Philanthropic Activities

- Women Connect4Good Foundation sponsors the 2012 Mercy Sunshine Run 5K as part of its mission to educate women to take control of their health and wellness.
- Initial Sponsor, League of Women Voters Initiative: Women Leaders Making Democracy Work; Photo contest, Keynote Event and Day-Long Training; Fall 2012
- Led team that raised over \$26,000 for Female Leaders in Philanthropy, a United Way Women's Initiative, in the first annual Evening in Paris art auction and dinner. July 2011
- Accepted a check for \$25,000 in matching funds from the Community Foundation of the Ozarks for Female Leaders in Philanthropy, a United Way Women's Initiative, which raised more than \$75,000 during the 2010 campaign. February 2011.
- Received Missourian Award for outstanding contributions to the state. October 2, 2010
- Nominated for Missouri's First Lady Award for Community Service. 2008
- Recognized as one of Springfield's Twenty Most Influential Women. 2007
- Recognized as Volunteer Fundraiser of the Year by the Association of Fundraising Professionals. 2007
- Speaker/Educator/Chair: Hunger Hurts Kids Campaign, Female Leaders in Philanthropy. 2006-2007
- Nominated for Ozarks Woman of Distinction. Alliance of Professional Organizations & Missouri State University Gender Studies, Springfield, Missouri. 2006
- Speaker/Educator/Chair: United Way Women's Initiative Female Leaders in Philanthropy: Methamphetamine and Its Impact on the Family. University Plaza Conference Center, Springfield, MO. May 2005.

Professional Activities

- O'Reilly Health and Wellness Consultation Services, L.L.C. Managing member since 1996. Consultation and training in health, prevention and wellness for public, business and industry. Ongoing
- Founder and director, Womenspeak Project (www.womenspeak.com) and WommenConnect4Good Foundation, a nonprofit organization dedicated to helping women share their time, talents and treasure to make the world a better place. Website includes profiles of success, personal stories, articles and tips, research. Ongoing
- Developed training with the national office of the Red Cross Disaster Mental Health Services and the Forest Institute of Professional Psychology. Work based on extensive training through the National Organization of Victim Assistance (NOVA). Ongoing
- Crisis Intervention deployed to Joplin to assist victims of tornado. May 2011

Professional Activities (cont'd)

- Lead author of research-based book for women: "Timeless Women Speak: Feeling Youthful At Any Age." Released October 2008.
- Principal Investigator: Research on perceptions of aging with more than 1,000 women from every state in US and several other countries. 1998-2009
- Crisis Intervention Team Leader (NOVA) deployed to Florida to assist victims of hurricanes. October 2005
- Presenter: Speaker/Educator at the Annual Time to Share conference, Breast Cancer Foundation of the Ozarks, "Biofeedback and Breast Cancer: A Complementary Treatment Modality for Breast Cancer Patients," University Plaza Conference Center, Springfield, MO. April 2005.
- Presenter: Speaker/Educator for the Victim Center of Springfield, Compassion Fatigue: What is It and How is It Treated? Springfield, Missouri. May 2005
- Author: "Women's Aging Benchmarks in Relation, to Their Health Habits and Concerns," American Journal of Health Behavior. June 2004
- Presented Women's Perceptions of the Aging Process: Fears, Preferences, and Concerns at the American Psychological Association Annual Meeting in Honolulu July 28–August 1, 2004.
- Crisis Intervention Team Member (NOVA) assisting Missouri victims of tornadoes. May 2004
- Crisis Team Member (NOVA) deployed to San Diego, California to assist victims of fires. November 2004
- Crisis Intervention Team Member (NOVA) deployed to New York City to the World Trade Center Recovery Worker Center at Ground Zero. January 2002
- Crisis Intervention Team Member (NOVA) deployed to New York/ New Jersey in response to the September 11 World Trade Center Disaster, Family Assistance Center/Liberty State Park. October 2001
- People-to-People Ambassador Program, Wellness Delegate to Beijing and Shanghai, China for Health Providers in Holistic Medicine, 2000

Media Activities

- Frequently grants interviews to media including aol.com, MSNBC.com, For Women First magazine, Better Homes and Gardens, Figure Magazine, Sacramento Bee, St. Louis Post-Dispatch, Christian Science Monitor, Baltimore Sun, WebMD and more. Ongoing
- Host of weekly Conversations with Dr. Nancy podcast interviews with smart amazing women. November 2009 – ongoing
- Interview on KOLR-10 News about the slow increase of women in management and ways women can better their careers. Summer 2010.
- Guest appearance "Navigating Change" with Lisa Mininni on Blogtalk Radio. July 15, 2010.
- Host of weekly WebTalkRadio.com one-hour program: Timeless Women Speak. October 2008 – October 2009.
- Host of Voice America weekly one-hour Internet radio program "Timeless WomenSpeak About Growing Older." October 2007 – April 2008
- Lead interview conducted by prominent women's issues writer Marielena Zuniga for article on Women and Aging; for Best for Women, magazine of Soroptimist International of the Americas. May 2005.
- Lead interview for aging series for CBS Affiliate KOLR-10. Joy Robertson, Turning 40: Now What? November 2004.

Presentations

- “Dr. Nancy’s Pragmatic, No-nonsense Approach To Developing a Harmonious & Productive Work Environment,” Creative Confrontation and Personality Workshop, Drury University Alumni Relations Department, June 26, 2012.
- “Connect4Good to Support Social Profit Groups;” Luncheon program; Downtown Rotary, June 19, 2012.
- Keynote: “Empowerment Means Being Seen and Heard,” Women & Girls: Then and There, Here and Now Conference. Sponsored by Girls4Good, Central High School. March 2, 2012.
- Missouri Juvenile Justice Association, “Mental Toughness: Taking Care of Yourself,” Lake of the Ozarks, MO. October 26, 2011.
- “Woman to Woman: Thriving in a Multi-Generational Workforce,” Missouri Administrative Assistants & Secretaries Conference,” Associated Electric Cooperative, Lodge of Four Seasons, Lake of the Ozarks, MO. March 2011.
- Norwich University, MS Program in Business Continuity Management requested permission to use Dr. Nancy’s article, “Get Mentally Tough: Secrets to Resilience During Difficult Times” in a class on how to build a resilient workforce. Spring 2010.
- Presented “Timeless Women Speak: Feeling Youthful at Any Age” to help the Greater Ozarks Business & Professional Women celebrate Missouri Business Women’s Week on Tuesday evening, October 20, 2009.
- Keynote speaker at the 4th Annual Springfield WIN (Women’s Inter-Sports Network) Awards Banquet, Oct. 7, 2009.
- TV interview with Jean Harper, CEO, Women Taking Care of Business: Moxy Woman. St. Petersburg, FL. August 2009.
- Keynote address: Everest College Graduation, Springfield, Missouri. May 2009
- Rogersville Business Women’s Expo, Springfield, MO. May 2009.
- Presentation and Book Signing: “Timeless Women Speak,” Springfield-Greene County Library. May 2009
- Workshop Address: Timeless Women. Sons of the American Revolution Regional Conference. Louisville, KY. March 2009
- Workshop leader: “Timeless Women Speak: Mentoring and Mental Toughness,” St. John’s Health Center Regional Women’s Retreat. (November 2008)
- Keynote address: Magic of Mentoring. Association of Women in Communications, Springfield, MO. November 12, 2008
- Keynote address: “Mental Toughness,” American Diabetes Association, Springfield, MO. November 6, 2008)
- Keynote address: Forest Institute of Professional Psychology Baccalaureate, Springfield, MO. October 4, 2008
- Keynote address at Twenty Most Influential Women Awards luncheon University Plaza Hotel, Springfield, MO. September 26, 2008
- “Timeless Women Speak About Growing Older in a Youth-Oriented Society,” True North series, Sponsored by Blackwell Sanders Law Firm, Springfield, MO. 2007
- “Biofeedback and the Treatment of Breast Cancer,” Southwest Missouri State University, Springfield, MO. 2000, 2001
- “Depression – Identifying Stinken Thinken Using Cognitive/Behavioral Therapy,” Presenter for the Mental Health Forum, Springfield, MO. 1999
- “Treating Migraine Headaches, Bio-feedback and Adherence,” facilitator for the Primary Care Network, sponsored by Glaxo-Wellcome. 1998–2000
- “Work Place Violence: Awareness and Interventions with Multi-faceted Teams,” St John’s Regional Health Center, Springfield, MO. 1997
- “Your Mental Health Check Up,” Mental Health Forum, Springfield, MO. 1996
- “The A-B-Cs of Small Employee Assistance Programs,” Regional Safety Managers Compensation Forum, Springfield, MO. 1995
- “Constructive Confrontation Training,” article published in national EAP magazine. 1995
- “Constructive Confrontation,” National Employee Assistance Association Conference, Chicago, IL. 1994
- “Panic-Anxiety and Treatments,” Mental Health Association Conference. 1994
- “Developing Your Employee Assistance Program” and “Identifying and Dealing with Sexual Harassment,” National Conference of Automotive Warehouse Distributors, Las Vegas, NV. 1993
- “Stress Management and Lifestyle”, Kraft Foods, Inc. 1992
- “Developing Small EAPS,” Workers Comp Seminar St John’s Health System. 1992

- “Constructive Confrontation Training,” Presenter for the National BASNA conference Chicago, IL. 1991
- “Panic Disorder,” Women’s Center, Lester E. Cox Hospital, Springfield, MO. 1989
- “Positive Positioning to Build Self-esteem,” Forrest Institute, Women’s Conference, Springfield, MO. 1987–1988
- Missouri State Representative for Student/Associate Organization of American Association for Marriage and Family Therapy. 1987
- “Family Systems Approach in Therapy,” Missouri School Counselors Association, Lake of the Ozarks, MO. 1986

Professional Memberships

- National Organization of Victim Assistance
- American Psychological Association*
- National Wellness Association*
- Primary Care Network
- American Counseling Association*
- American Association of Marriage and Family Therapists*
- Psi Chi National Honor Society (Psychology)

**Current membership*

Boards of Directors/Steering Committees

- American Association of Marriage and Family Therapy
- Big Brothers/Big Sisters
- Breast Cancer Foundation of the Ozarks Trustee*
- Catholic Charities of Southern Missouri*
- Child Advocacy Council
- Community Crisis Team of the Ozarks* (Past President)
- Community Foundation of the Ozarks
- Community Resource Center (Past Vice President)
- Female Leaders in Philanthropy, United Way of the Ozarks (Chair)*
- Lost And Found (Advisory Board)
- Mental Health Association of the Ozarks (President)
- Missouri Council of Mental Health Associations (President)
- Missouri State Committee of Psychologists*
- Ozark Family and Therapists
- Ozarks Christian Counseling Foundation (President)
- Springfield Community Center
- Central Trust and Investment*
- Teen Parent Task Force
- The Family Center
- The Victim Center * (past Chairman of the Board)
- United Way of the Ozarks (Member)*
- Visiting Nurses Association Foundation

**Current service*

Employment History

- Founded WomenSpeak, (www.womenspeak.com), a nonprofit service dedicated to helping women of all ages. 1998 to present
- Managing Member O'Reilly Health and Wellness Consultation Services, L.L.C. Rogersville, MO. Training in health, prevention and wellness for public, business and industry. 1996 to Present
- Director and counselor for Employee Assistance Program serving 8000+ employees and their families. Advised and counseled employees of client companies (including Kraft Foods, City Utilities, General Electric). St. John's Regional Health Center, Springfield, MO. 1994-1997
- Psychologist and Director of Employee Assistance Programs (EAP), Family Care Center, Springfield, MO. 1990-1994
- Clinical psychology practice: work with patients, specializing in anxiety, depression, and marriage and family therapy. Developed EAP programs for business and industry including training and prevention education. Trained supervisory and managerial staff in "Constructive Confrontation Skills." 1994-1998
- Psychology Intern, United States Medical Center for Federal Prisoners, Springfield, MO. 1989-1990
- One year APA-approved intensive training in hospital, forensic, mental health and clinical treatment of all types of patients. 1989-1990
- Provided clinical, evaluation and testing services to patients at Forrest Institute of Professional Psychology Family Clinic, Springfield, MO. 1989-1990
- Marriage and Family Therapist, Ozark Christian Counseling Services, Springfield, MO. 1987-1989
- Marriage and Family Therapist, Family Guidance and Resource Center, Springfield, MO. Brief, innovative, intensive therapy for families and couples consisting using video feedback, telephone feedback, and team approach feedback. 1986-1987
- Program Coordinator/Family Counselor, Big Brothers/Big Sisters (formerly CODAC), Springfield, MO. 1984-1985
- Marriage and family therapy under the Juvenile Court's Status Offender Program. Crisis intervention with immediate family therapy.
- Counseled pregnant teens and their families. Assisted single parents with parenting and helped match their children with adult role models. 1983-1984
- Program Coordinator/Counselor, Greene County Health Department, Springfield, MO. 1978-1982
- Created and coordinated educational programs for high-risk mothers and infants; home visits, counseling, networking with other agencies, referrals and treatment planning. 1981-1982
- Sponsor/Counselor, Parents Anonymous. 1978-1980
- Marriage and Family Focus. Volunteer for "A Friend of the Family" program for the Division of Family Services. 1969-1973

Education

Post-doctoral

- Week-long symposium with Thomas Moore, "Care of the Soul", Cape Cod, Mass. Summer 2009.
- Summer Institute American Association of Marriage and Family Therapists
- Nationally Certified Traumatologist. August 2005
- Nationally Certified Crisis Responder for Disaster Relief (NOVA). December 2004
- Disaster Response and Dealing with Compassion Fatigue. 2005
- Attendee National American Psychological Conference. 2004
- Red Cross Disaster Mental Health Services Training. 2002
- Victim Center: The Healing Journey-Understanding Trauma. 2002
- National Victim's Rights Forum on Capitol Hill (NOVA). 2002
- Critical Incident Stress Management Individual Crisis Intervention. 2001
- Basic Community Crisis Response Team Training, (NOVA). 2001
- Keeping the Soul Alive: Professional Renewal program, New England Educational Institute. 2000
- Mediation: Beyond Basics-Life in the Trenches, University of Missouri. 1998
- Divorce Mediation and Child Custody/Child Support Mediation, Bill Wear, Jr., JD, Springfield, MO. 1997

Post-doctoral (cont'd)

- Postdoctoral Internship – Family Care Center, Springfield, MO. 1990-1991
- Advanced training in Biofeedback and Brainwave Training in Drug and Alcohol Addictions, Menninger Clinic, Topeka, KS. 1990–1991

Graduate

- Doctor of Psychology (Psy.D.), Forrest Institute of Professional Psychology, Springfield, MO. 1990
- Preparation included:
 - Doctoral Dissertation: “Comparisons of the Personality Characteristics of Persons with Frequent, Infrequent, and No Panic Attacks.”
 - Practicum in psychological evaluations, Robert Murney, Ph.D – Springfield Psychological Association. 1988-1989
 - Two practica at Park Central Hospital with psychiatric patients administering full psychological batteries. 1987-1988
 - Intensive training in marriage and family therapy from Dr. Ron Kemp. 1987-1988
 - Three major rotations: behavioral medicine, mental health, and forensic psychological services. Outplacement at the Forrest Institute Clinic and Parenting Place working with couples, children and families
 - Resistant Family Therapy Training, Carol Anderson, St. Louis, MO. 1984
 - Crisis Generating Family Therapy Training, Springfield, MO. 1984
 - Strategic Family Training, Springfield, MO. 1983–1984
 - Family Therapy Training, Division of Youth Services, Springfield, MO. 1983–1984
- Master of Science, Guidance and Counseling, Southwest Missouri State University, Springfield, MO. 1978

Undergraduate

- Bachelor of Science, Sociology, Drury College, Springfield, MO. 1973
- Bachelor of Arts, Psychology, Drury College, Springfield, MO. 1971
- Undergraduate, George Washington University, Fairfax, VA. 1969